



Risk assessment:

Bikeability with social distancing, ensuring risk of infection with Covid 19 is minimised.

Date: 14th June 2020

The risk level for riders is minimal, however the risk of infection of adults (instructors or members of the public) if the control measures are not followed could be up to 9 (3 harm and 3 likelihood potential), thus the need to adhere to all the control measures. Risk factor (harm x likelihood) 5-9 control measures must be in place.

Instructors will be provided with PPE kit from Windrush Bike Project to include 70% alcohol hand sanitiser, gloves, goggles, facemask, apron, tissues and a bag for disposing of any used tissues.

Each group will have their own hi-viz which will be washed on completion of each course.

Maximum course ratios are now:

- Level 1: 1:6
- Level 2: 2:6
- Level 3: 2:4

Parents/guardian must confirm to Bikeability providers:

- Of any clinically vulnerable children at higher risk of severe illness from Covid-19 who are to be trained, before the training commences.
- Of any pupil who is registered for training is living with someone who is extremely clinically vulnerable, that they understand fully the stringent physical distancing requirements and are capable of following those before training commences.
- That no-one at the school has tested positive for Covid-19 before instructors are sent to the school

Location and activity	Identified hazards	Actions planned to reduce risk
Preparation of instructor for course	Instructor not prepared	<p>If an instructor or any member of their household has Covid 19 symptoms they must not work</p> <p>Instructor must their hands thoroughly or use alcohol hand rub or sanitiser during course.</p> <p>Supervise alcohol hand rub or sanitiser use by riders during training.</p> <p>Instructor must practice good respiratory hygiene (ie cough into a tissue, elbow if not possible, sanitise hands afterwards, safe disposal of tissues) Instructors supervise riders respiratory hygiene during training and carry tissues for riders to use.</p> <p>Instructors must minimise contact with pupils, and must not mix pupils in different groups</p> <p>Instructors must work in pairs to deliver on-road training</p> <p>Instructors must maintain at least 2 metres physical distance at all times.</p>
Checking the bikes	Virus on hard surface on bike, cross contamination between bikes	<p>Bikes are clearly labelled with child's name so instructors don't need to touch other bikes.</p> <p>Instructors wear gloves.</p> <p>Once a bike is checked it is sprayed down with a 70% alcohol sanitiser then not touched again by instructors.</p> <p>Bikes are placed more than 2m apart.</p> <p>Riders only touch their own bikes.</p>
Preparation of children for course	Children are not prepared	<p>Parent/guardian is properly briefed so that they ensure each child has used the toilet, got ready and has a drink in a bike bottle cage or in a small rucksack.</p> <p>Children know about good respiratory hygiene practise.</p>
Handover of children	Children are not socially distant when they come to the training.	<p>Parent/guardian is properly briefed so they know to bring children to the training site and introduce them to the instructor. Instructor to place cones on the ground to indicate where children need to stand.</p>

Child becomes unwell or falls during training	Child may need physical help thus increasing risk of infection	Instructors use PPE equipment provided to offer assistance. Parent/guardian called to collect child.
Helmet fitting	Risk to riders and instructors from being too close. Helmet straps could be contaminated	Prior to the course send a link of a video home to explain helmet fitting (https://bikeability.org.uk/bikeability-training/get-ready/). Parents/guardians are responsible for fitting helmets, and ensuring the child can do this themselves. Instructors cannot fit helmets so if the rider cannot fit their own helmet they cannot attend the course.
Riders are not 2 metres apart when doing Level 1	Risk of infection	Clear visual indication of what 2 metres looks like and means. Ensure that physical space for L1 is large enough so that riders can achieve Level 1 skills whilst staying 2 metres apart. Games and drills are set up to cement understanding of the 2 metre rule, including stopping 2 metres behind the person in front, and passing them with 2 metres of space.
Moving students to training sites	Risk of infection due to being too close	There is to be no shepherding or snaking whilst we have to adhere to social distancing of 2 metres. Instead riders must cycle independently between school and training sites supported by 2 instructors, and only when this cannot be done should they be walked. The Level 2 risk assessment must include modes of movement for getting to training sites
Watching demonstrations in level 2/3	Risk of infection due to being too close	Risk assessments for Level 2/3 include assessment for space to stand.

Completing drills in Level 2/3	Risk of infection due to being too close. Hazards presented by other road users and pedestrians	Instructors must identify places for riders to start, stop and wait that are at least 2 metres apart. Riders must set of individually and maintain at least 2 metres distance at all times from other riders. Instruct riders about the hazard they present to other road users if they do not control their cycle and maintain at least 2 metres distance. They also need to adapt riding positions in order to maintain at 2 metres distance from other cyclists and pedestrians.
Presenting award material	Risk of infection	Give award material to parent/guardian in a sealed envelope to distribute to the rider at a later date.