



# Cycle Training Consent Form

For your child's own safety we ask that the following conditions are met. By signing this Consent Form you are agreeing to ensure that you/your child will conform with the following requirements.

1. It is your responsibility to provide a safe bicycle that is suitable for your child. You will be provided with a Bike Check Sheet before the course. All bicycles will be checked at the beginning of the course and any basic adjustments will be made. A sheet will be issued listing any major faults found. Any faults NOT corrected by the following lesson will mean the child may not be able to continue the course.
2. Every trainee must wear a correctly fitting helmet at each lesson. Instructors will advise on the fit of the helmet but may not be able to judge from its appearance if it is in good condition. Windrush Bike Project Instructors will not be held liable for any injury which it is later established may have been caused by the wearing of a helmet.
3. Trainees should wear clothing suitable for the time of year and weather conditions. E.g. shorts or tracksuit trousers, trainers/enclosed shoes, waterproof coat when wet or sun protection lotion.
4. Trainees are expected to attend each session and listen attentively. Instructors may at any time refuse to continue to train your child if his/her behaviour is deemed to be unsuitable or if he/she feels they are not ready to ride on the road.
5. Windrush Bike Project Instructors cannot be held responsible for any injury, loss or damage to property, which is not caused by an Instructor's negligence. Bicycles and helmets are taken to training courses at your own risk.
6. Trainees who complete a Cycle Training Course will be awarded a report/certificate, which will indicate how far on the Bikeability Syllabus they have reached. The awarding of a certificate does not necessarily mean that it is safe for your child to ride a bicycle on the road by him/herself. Although the Instructors can express their opinion, it is your responsibility to decide when and where it is safe for your child to ride.

Full name of child..... Date of birth.....

I AGREE TO THE ABOVE REQUIREMENTS. I undertake to make the Instructors aware of any physical or medical condition that may affect my child's participation in Cycle Training and will notify the Instructors of any medication that my child is taking in relation to that condition.

Please give details here of any conditions or limitations that we should be aware of (e.g. colour blindness, poor coordination or spatial awareness, limited attention span etc.) including anything that may affect Instructor:Trainee ratios.

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Home phone number..... Mobile phone number.....

Emergency contact during course: Name .....

Emergency contact number.....

Signed .....

Date.....

Please print name in full .....

Please tick here if you **are** happy for us to use photos of your child on our website.